

## MACHAIRA WITH APOSTLE BENNIE

### CHRIST COMMONWEALTH-COMMUNITY

#### The Love-Life Agency

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#### MACHAIRA

*(Pronounced makh'-ahee-rah)*

- Daily revelatory thoughts to sharpen you and to help you grow in deep spiritual understanding and knowledge.
- Scriptures for your daily meditation.
- Daily Christ-centered and apostolic-prophetic prayers.

*Thursday, 18th January, 2024*

#### IMMERSE YOUR DESIRES INTO GOD 2

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*"Delight yourself also in the LORD, And He shall give you the desires of your heart".*

**Psalm 37:4 (NKJV)**

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The Lord did not give you your emotions to guide you. Your emotions are measuring instruments of your soul. It helps you ascertain the frequency of your impressions of a matter.

Don't allow your emotions to lead you.

Your emotion or the deep seat of your desire has been exposed to the corruptibility of the flesh before you got born again.

The flesh has always had its way of governing or influencing the soul of a man. A man's soul includes the will, the mind and the emotions. For you to express God, your mind must be renewed by the word, your will must submit to God's will and your emotions must be immersed and trained with the deep desires of God.

This is the work of the Holy Spirit and the Word of God.

*"For the Word that God speaks is alive and full of power [making it active, operative, energizing, and effective]; it is sharper than any two-edged sword, penetrating to the dividing line of the breath of life (soul) and [the immortal] spirit, and of joints and marrow [of the deepest parts of our nature], exposing and sifting and analyzing and judging the very thoughts and purposes of the heart."* Hebrews 4:12 (AMPC)

Every part of your being has its own intelligence. From your spirit, through to your soul, to the physical parts of your body and even to the smallest cell within you has its own intelligence.

When the word of God permeates your entire being as you continuously meditate on it, it nourishes and also cultivates the intelligence of your entire being.

This is why meditation is important. Meditation is not just a matter of thinking about something. Through meditation, you are immersed into a particular thought pattern. Meditation creates within you a deep and lasting impression.

Through meditation, you are able to repeat a certain line of thought in your heart.

*"Repetition is the law of deep and lasting impressions."*

Every single person is involved in meditation one way or the other.

There is always a line of thought you are repeatedly exposing your mind, your will and emotions to.

And the more you expose your heart to these thoughts, the more they become the impressions of your emotions. And the more you exercise or give yourself to certain passions the more they rule and drive your reactions.

This is why God is interested in the focus of your emotions or your heart's delight.

The more you meditate on the love of God and cultivate your heart to express that love, the more it dominates your passions.

The reason most people are quick to spend time watching a Hollywood movie, Bollywood movie or an African movie is how they have trained the desires of their heart.

The more you give your time and attention to something the more you create deep cravings for it in your heart.

This is why when you have to pray, there is always a fight within your entire being. Deep within your spirit, there is the prompting to pray. Your mind is aware of the benefits of prayer, yet your will is struggling between the craving of your flesh and the prompting of your spirit.

It will amaze you to know that the craving of your flesh travels through the impressions of your emotions. Your flesh uses the force of the desires hewn from your emotions to influence your actions.

Channel your emotions towards the Lord. Allow the word of God to saturate your desires.

Selah.

### **DIG DEEPER**

(Mark 12:30; Job 22:26; Job 27:10; Psalm 69:9; John 2:17; Psalm 73:25; 1 Peter 1:13)

### **WE PRAY**

We pray declaring our emotions to be expressed according to the light of the word of God. And not by the passions of the flesh.

### **BIBLE READING IN THE YEAR 2024**

Exodus 4 - 6

**DECLARE THESE WORDS:**

- I don't isolate my emotions from the Lord.
- My emotions and desires are focused on the Lord.
- My whole being is soaked and saturated deeply into the Holy Spirit.
- I am not led by my emotions.
- My delight is in the Lord.

Oh Hallelujah!